

## Hollandaise

dishes below are topped with hollandaise sauce,  
served on an English muffin & comes with fresh fruit and homefried potatoes

EGGS BENEDICT...poached eggs & ham...10.95

EGGS CANADIAN...poached eggs & applewood pork loin ...10.95

EGGS BLACKSTONE...poached eggs, applewood bacon & tomato ...11.75

EGGS BRADY...poached eggs & smoked salmon on English muffin...10.95

EGGS FLORENTINE...poached eggs & spinach on English muffin...9.75

## Breakfast Specialties

CORNED BEEF HASH...Niman Ranch corned beef brisket with potato, onion, bell pepper, topped with poached egg served with fruit & toast...10.95

HUEVOS RANCHEROS or TOFU RANCHEROS...with Spanish sauce, beans, cheese & tortillas...8.50

BREAKFAST BURRITO...scrambled eggs or tofu with green chile, beans, Spanish sauce & jack cheese in a chipolte or spinach tortilla...8.50

TOFU SCRAMBLE...served with homefried potatoes or grits,  
fresh fruit & choice of toast ...7.95

VEGGIE JOE...Morning Star veggie links, spinach, crimini mushrooms, tomato, N.Y. sharp cheddar & scrambled eggs with potatoes, toast & fruit...10.50

CROQUE MONSIEUR...open face ham & Gruyère with dijon on grilled Acme...9.25

CROQUE MADAME...as above with over easy egg on top...9.95

FRIED EGG SANDWICH...egg, applewood bacon, N.Y. sharp cheddar  
& tomato on wheatberry...5.75 with potatoes or fresh fruit...6.95

BISCUIT BREAKFAST SANDWICH...applewood bacon, gruyere, tomato, egg  
& arugula...6.25 with potatoes or fresh fruit....7.50

## Grains & Fruits

WAFFLE...5.50, with fresh fruit cup...9.50

ACME CHALLAH ORANGE FRENCH TOAST...5.75 with fresh strawberries...7.75

BUTTERMILK PANCAKES...6.00, short stack...4.75

COMBO...short stack, 1 egg & 2 slices applewood smoked bacon...7.75

above served with 5% maple syrup blend

~ 2 oz. 100% maple syrup add 2.00 ~

OATMEAL or 8-GRAIN HOT CEREAL...with raisins, walnuts & bananas...5.75  
(available weekdays only till 11:30)

FRESH BERRIES & BANANAS in cream, yogurt or soy milk...5.95

MAMA'S GRANOLA...5.00, with berries and bananas...6.75

FRESH SEASONAL FRUIT CUP...4.75

## Side Orders

MEATS applewood bacon, smoked pork loin, Niman Ranch burger patty, ham,  
Spam, spicy sausage patty, Sante Fe turkey sausage, chicken apple sausage or Italian  
sausage ~ NOT MEATS Morning Star veggie links or Garden burger. . .3.50

HOMEFRIED POTATOES with sour cream, large...5.25 small...3.95

BLACK BEANS with red onions & sour cream Bowl...3.50 Cup...2.25

GRITS Bowl...3.50 Cup...2.25 GRITS with N.Y. sharp cheddar...4.95

MUFFIN or SCONE...2.75 BISCUIT or TOAST...2.25

EGGS one...2.00, two...3.00

## Omelettes

served with homefried potatoes or grits, fresh fruit & choice of toast for lighter fare you  
may choose just one of the above for \$1.50 less  
(egg white omelette...add 50¢)

N.Y. SHARP CHEDDAR...9.25

CRAB & JACK...12.95

SMOKED SALMON & CREAM CHEESE...11.75

GREEN CHILE, CRIMINI MUSHROOM & JACK...11.25

FULTON VALLEY CHICKEN, AVOCADO & JACK...11.95

GUACAMOLE, CHICKEN & JACK...12.50

CRIMINI MUSHROOM, TOMATO, GREEN ONION & JACK...11.75

APPLEWOOD BACON & N.Y. SHARP CHEDDAR...10.95

CRIMINI MUSHROOM & N.Y. SHARP CHEDDAR...10.75

PORTABELLO MUSHROOM & GOAT CHEESE...11.95

SPANISH & JACK...10.25

GUACAMOLE & JACK...10.50

HAM, AVOCADO & N.Y. SHARP CHEDDAR...12.25

GREEN CHILE, HOBBS' BACON & JACK...11.50

SPINACH, CRIMINI MUSHROOM & JACK...11.95

CRIMINI MUSHROOM, AVOCADO, BACON & JACK...13.25

FULTON VALLEY CHICKEN, CRIMINI MUSHROOM & JACK...11.95

CRIMINI MUSHROOM, HAM, GREEN ONION, & JACK...12.25

or start with a plain omelette (7.75 ) and make your own with:  
applewood bacon, Fulton Valley Farms chicken, guacamole,  
portabello mushrooms, kalamata olives, N.Y. sharp cheddar or Jarsberg  
cheese...1.75 ham, crimini mushrooms, avocado, spinach, Spanish sauce or  
feta cheese...1.50 tomato, green chile, black olives, jack or  
cream cheese...1.25 green onions....60¢  
Gruyère or goat cheese...2.75 smoked salmon...3.00 crab...4.50

## Eggs

Petaluma Farm eggs cooked in sweet butter

TWO EGGS, any style...7.50

with... ham, applewood bacon, smoked pork loin, Spam, spicy sausage patty,  
Sante Fe turkey sausage, chicken apple sausage, Italian sausage, Niman  
Ranch hamburger patty, Morning Star veggie links or Garden burger...9.95

LOX, ONIONS & SCRAMBLED EGGS...9.95

CHORIZO, GREEN ONIONS & SCRAMBLED EGGS...8.95

N.Y. SHARP CHEDDAR, GREEN ONIONS & SCRAMBLED EGGS...8.95

GREEN CHILE, N.Y. SHARP CHEDDAR & SCRAMBLED EGGS...9.25

HOT LINKS, RED BELL, SHARP CHEDDAR & SCRAMBLED EGGS...10.50

THREE SCRAMBLED EGG WHITES...7.75

TOAST... cinnamon-raisin, wheatberry, rye, white, sourdough, Acme Bakery  
sourdough, English muffin or whole wheat English muffin

## ~ AVAILABLE WEEKDAYS ONLY ~

LUNCH MENU SERVED AFTER 11:30

## Sandwiches & Burgers

Served with choice of potatoes, fruit, or salad

DAGWOOD..applewood bacon, lettuce, tomato, avocado, Fulton Valley chicken,  
olives, green chile, crimini mushrooms, jack, N.Y. sharp cheddar, green onion,  
mayo and a fried egg on grilled white...12.95

PORTABELLO...portabello mushroom, goat cheese, roasted red bell pepper  
& spinach on toasted Acme sourdough...9.50

REUBEN...thin sliced Niman Ranch corned beef with Jarlsburg cheese, sauerkraut  
& Russian dressing on grilled rye...10.95

MUSHROOM & JARLSBERG...open face, tomato & Jarlsberg on wheatberry with  
crimini mushrooms & green onions...9.00

CHICKEN...grilled Fulton Valley chicken breast, avocado  
& tomato on toasted Acme ...9.95

AVOCADO & JARLSBERG...Jarlsberg cheese, tomato  
& avocado on grilled wheatberry...8.50

CRAB...sautéed crab & jack on grilled sourdough...11.25

TURKEY CLUB...applewood turkey, bacon, lettuce  
and tomato, on toasted sourdough...11.00

B.L.T...three slices applewood bacon, lettuce & tomato on grilled sourdough...8.95

TUNA MELT...Mama's tuna salad on grilled Acme with jack cheese,  
lettuce & tomato...9.75

GRILLED CHEESE...N.Y. sharp cheddar & roasted red bell pepper on Acme...6.95

CROQUE MONSIEUR...open face ham & Gruyère on grilled Acme...9.95

HAMBURGER (1/3 lb. Niman Ranch beef) or GARDEN BURGER with lettuce,  
tomato & red onion...8.95

add crimini mushroom, N Y sharp cheddar, or avocado...1.50  
applewood bacon...2.25

PATTY MELT...Niman Ranch ground beef, N.Y. sharp cheddar  
& sautéed red onions on grilled rye...10.50

RANCHERO BURGER...open face Niman Ranch ground beef  
with spicy Spanish sauce & jack cheese...10.50

## Salads & Soups

CAESAR SALAD...with garlic toast...7.25

with grilled Fulton Valley chicken breast...9.25

GREEK SALAD...mixed greens, feta cheese, kalamata  
& black olives, tomato & red onion...7.75

SPINACH SALAD...with applewood bacon, poached egg, tomato,  
Jarlsberg & red onion...8.50

GRILLED CHICKEN SALAD...mixed greens, grilled Fulton Valley  
chicken breast, mushrooms, tomato, capers & red onion...9.25

MIXED GREEN SALAD...3.75  
(Point Reyes Blue Cheese dressing add .90)

HOMEMADE SOUP... cup...3.75 bowl...5.00

SOUP & SALAD...with Acme bread & butter...7.95

## Beverages

COFFEE...2.25

espresso...2.00                      cappuccino...2.75  
cafe latte...3.25                      mocha...3.50  
cafe au lait...2.75                      steamed milk. . . 2.25  
Torani syrup flavored latte...3.75  
    vanilla, orgeat, caramel, amaretto, hazelnut  
Caramelo...caramel latte with whipped cream...4.25  
    (add 50¢ for soy milk or double shot espresso)

Yerba Mate latte...3.75                      Oregon Chai...3.75

HOT CHOCOLATE...with whipped cream    sm...1.75    lg...2.75  
BLACK TEA...Organic Breakfast...2.25  
BLACK BLENDED...Earl Grey. . . 2.25  
HERBAL... Simply Mint, Chamomile Citrus. . .2.25  
GREEN...Mountain Spring Jasmine, Green Tea Tropical...2.25  
YERBA MATE...2.50  
YERBA MATE BLENDS... mint, chai spice, green tea...2.50

ICED TEA...2.25  
COKE, DIET COKE or SPRITE...2.00  
ROOT BEER...2.25  
CALISTOGA...sparkling water, lime...2.00  
BOYLAN SODAS...blackcherry, cream or ginger ale. . .2.25

JUICE  
apple or V-8    5oz...1.00    10oz...1.75    16oz...2.75  
fresh squeezed orange or grapefruit  
    5oz...1.75    10oz...2.95    16oz...4.50  
cranberry    5oz...1.25    10oz...2.00    16oz...3.00  
lemonade    16oz...2.25

MILK    sm...1.00    med...1.75  
SOY MILK    sm...1.25    Med...2.25

BEER...New Belgium Fat Tire, Sierra Nevada Pale Ale,  
    Pyramid Hefeweizen or Anchor Steam...4.00  
    Budweiser...3.00

WINE...Cabernet or Chardonnay...4.95

CHAMPAGNE...187 ml. bottle. . .9.00  
    Mimosa for two. . .10.50  
    750 ml. bottle. . .28.00

*Let's Eat Out*

Mama's accepts reservations for parties of six or more

Checks & Credit cards are cheerfully not accepted

IF IT'S NOT RIGHT, TELL US AND WE WILL FIX IT

We reserve the right to refuse service to anyone  
\$4.50 minimum for table service



**1012 BROADWAY  
OAKLAND, CA.**